

**DAVE ABRAHAM**  
**Assistant Trainer**

Joined the Blue Jays training staff during the 2003 campaign.

Had spent the previous 17 years as the Head Athletic Trainer at Worcester Polytechnic Institute in Worcester, Massachusetts. During those years, also served as a consultant for a variety of athletes and high schools around the Worcester area.

Holds a Bachelor of Science degree from Northeastern University and a Masters of Health Education from Worcester State College.

Stands as a member of the National Athletic Trainers Association and the National Strength and Conditioning Association.

Is a certified Strength and Conditioning Specialist.

Married with two children.  
Resident of Holden, Massachusetts.